



A FEW POINTS WORTH NOTING IN ORDER TO DIVE

FLEXIBILITY: All courses and trips at **SCUBA ZONE** are designed to fit around your busy lifestyle/schedule. There are many scheduling options you may choose to learn to dive, with frequent courses being run both here and abroad. For instance, you may want to finish your course abroad on an escorted trip with one of our Instructors or perhaps you would like to 'brave' British Waters! There are no time limits with the **PADI** system of diving, everything is performance-based and progressive – there are no pass or fail aspects to PADI courses either – we simply teach you until the course is completed. Whether you would like to dive here or abroad, in two days or two months time, we are here to help.

COURSE DETAILS: All courses at Scuba Zone include the following - Personalised tuition, Student materials in a Crew Pack (Manual, Dive Planner, Log Book), Certification Card (if applicable) and all the equipment including dive computer (except mask, fins and snorkel). Scuba Zone **do not** add on hidden charges.

EQUIPMENT: **SCUBA ZONE** provide all diving equipment for courses with the exception of Mask, Fins and Snorkel - we simply couldn't cater for everyone's individual shape and size so we ask that you provide your own. **It is also more hygienic!** Discounted packages of Mask, Fins and Snorkel are available and we will be happy to advise you on the most suitable equipment for yourself from our wide range.

AGE AND FITNESS: Anyone from the age of 8 years and upwards can dive as long as they are in general good health. There is a common misconception that you must be an Olympic Athlete to dive. **This simply isn't true!** The Open Water course requires you to be comfortable in the water and this is demonstrated by being able swim 200m. in the swimming pool at your own pace and to float or tread water for 10 minutes. **Easy!**

WHAT YOU NEED TO BRING: Just a pair of swimming trunks, a towel and **a smile!** We supply everything else. Of course, if you have any equipment such as a wet suit or mask-bring it along! Once you have qualified we will need your passport photo in order for **PADI** to process and issue your certification card.

FURTHER DIVING: Once certified you may be interested in developing your diving skills even further. You can gain tremendous confidence and experience by advancing your qualification to the next level in the PADI system. There are several ways of progressing and we would be only too happy to advise you on the best route to take. We also run regular Dive Club meetings (with a few beers!) and pool nights. We also organise escorted trips around the world and the UK to world-renowned dive sites such as Scapa Flow.

OPENING TIMES: Both Scuba Zone dive centres are open from 10am to 7pm – every Monday to Sunday – **yes 7 days!** Again, we are flexible, if you need us earlier or later this can be arranged. Knowledge development sessions may be completed any time within these hours. Instructors are always on the premises.

Please contact us on NW 020 7435 4365 or SW 020 7384 4466 - email us at info@scuba-zone.co.uk for any advice and start your adventure