



PADI RESCUE DIVER WITH SCUBA ZONE

Our PADI Rescue Diver training is considered the very best available with courses being held regularly throughout the year. Conducted over two days at the weekend, the courses are a fun combination of self-study, energetic rescue skills practiced in confined (during the colder months) and open water environments.

The PADI Rescue program is divided between knowledge development and open water training. The knowledge development portion is handled through independent study at home in your own time - a video is available to aid learning but is optional. These materials give you the necessary information you need for preventing and handling diving emergencies, with topics including self rescue, diver stress, diving first aid, emergency management, equipment problems, and rescue and assistance procedures for both conscious and unconscious victims on the surface and underwater.

Open water training takes place at Wraysbury Dive Park near Heathrow (about 45 minutes away). There you'll apply the knowledge you've learned as you develop rescue skills. As you master rescue techniques you'll learn to adapt what you have practiced to suit the situation.

The course is designed to train individuals as safe self-reliant divers, learning to recognise and prevent potential problems, as well as being able to deal with a rescue situation confidently and effectively, should it occur. The training includes in-water resuscitation, accident management and self-rescue skills, plus much more.

We strongly believe that divers who have participated in the PADI Rescue diver course at SCUBA ZONE return to the diving environment as competent buddies to other qualified divers whilst showing an attitude of awareness and responsibility by their desire to obtain this valuable qualification.

It is a requirement that the candidate has been trained in Cardiopulmonary Resuscitation techniques and basic First Aid. If you require this training our two evening PADI Medic First Aid course covers all necessary requirements. (Please ask for details) NB. You **do not** have to have completed the Medic First Aid course to start the Rescue Diver course or the other way around. You **do** have to complete both programs to qualify as a Rescue Diver.

Please contact your local Scuba Zone:

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For any advice and to start your adventure